



New Technology in TKR:

Is The Latest Always The Greatest?

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**According to Prof Sebastian** Lustig, all total knee replacement has to be performed with robotics

### **Technology in TKA**



Robotics will make us better:

More accurate

More precise

**More consistent** 

It will make obtaining a good result easier!

# Robotics Improve **Accuracy & Precision**



Functional alignment with robotic-arm assisted total knee arthroplasty demonstrated better patient-reported outcomes than mechanical alignment with manual total knee arthroplasty

Byung Sun Choi 1, Sung Eun Kim 1, Myungho Yang 1, Du Hyun Ro 1, Hyuk-Soo Han 2 3

D. G. Deckey,

C. S. Rosenow, J. T. Verhey,

J. C. Brinkman, C. K. Mayfield,

H. D. Clarke, J. S. Bingham



**■ THE KNEE SOCIETY** 

Robotic-assisted total knee arthroplasty improves accuracy and precision compared to conventional techniques

KSSTA, 2023

BJJ. 2021

Improved Component Placement Accuracy with Robotic-Arm Assisted Total Knee Arthroplasty

Ormonde Mahoney, MD<sup>1</sup> Tracey Kinsey, RN, BSN<sup>1</sup> Nipun Sodhi, MD<sup>2</sup> Michael A. Mont, MD<sup>3</sup> Antonia F. Chen, MD<sup>4</sup> Fabio Orozco, MD<sup>4</sup> William Hozack, MD<sup>4</sup>

Does robotic technology successfully restore the joint line after total knee arthroplasty? A retrospective analysis

Varun O. Agrawal<sup>1,2\*</sup>, Anup P. Gadekar<sup>2</sup> and Narendra Vaidya<sup>1,2</sup>

J Knee Surg, 2022 Arthroplasty, 2022

Conclusion

At min F.U. time of 2 years, **RA-TKA** is significantly more accurate and precise in planning both component positioning and final polyethylene insert thickness

### The Mechanical Axis May be the Wrong Target in CAS / Robotics TKR



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Effect of Postoperative Mechanical Axis Alignment on the Fifteen-Year Survival of Modern, Cemented Total Knee Replacements

By Sebastien Parratte, MD, PhD, Mark W. Pagnano, MD, Robert T. Trousdale, MD, and Daniel J. Berry, MD

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Effect of Postoperative Mechanical Axis Alignment on Survival and Functional Outcomes of Modern Total Knee Arthroplasties with Cement

A Concise Follow-up at 20 Years\*

Matthew P. Abdel, MD, Matthieu Ollivier, MD, Sebastien Parratte, MD, PhD, Robert T. Trousdale, MD, Daniel J. Berry, MD, and
Mark W. Pagnano. MD

Investigation performed at the Mayo Clinic, Rochester, Minnesota



"Outliers had somewhat better 15 - 20 year survival"

"Wrong Target"

#### **Success Rate of Mechanical Alignment**



	AOANJR	UK NJR	SVK
5 year	96.5%	97.35%	97.5%
10 year	94.8%	95.66%	98%
15 year	92.7%	93.64%	
19 year	91%		

Although up 1/5 (20%) patients who undergo TKA are dissatisfied in the short and mid-term, implant survival remains greater than 82% at 25 years

10-year survivorship free from any reoperation was 99% and 100% in the aligned and outlier groups respectively

David C. Landy, CORR 2020

Abdel et al, J Clinical Medicine, 2021

### Dissatisfaction Declines from 20% to 10%



Systematic Review and Meta-Analysis

Are 20% of Patients Actually Dissatisfied Following Total Knee Arthroplasty? A Systematic Review of the Literature

Michael J. DeFrance, DO \*, Giles R. Scuderi, MD

Northwell Health Orthopaedic Institute, New York, New York



J Arthroplasty, 2023

Based on the review, the average rate of patient dissatisfaction following TKA is 10%, without complications the rate is 7.3%

#### Patient Expectation





Patient dissatisfaction after TKA is multifactorial, surgical technical factors are probably less important than psychosocial factors, surgical indications, and expectations

#### Robotic Technology in TKA

#### Is It Necessary?



#### What problem are we trying to solve?



**Malalignment** 



**Instability** 



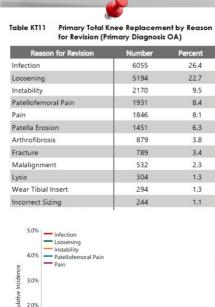
**Patient satisfaction** 

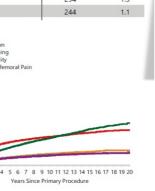


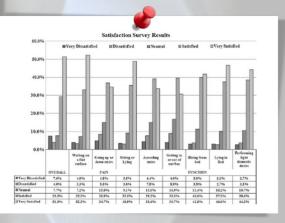
**Surgeon wellness** 



**Cost-effective care** 







Courtesy of David Liu



**CAS** 

**PSI** 

**ROBOTIC** 

**Achieve 100% Success Rate?** 







#### CAS: Is It More Hype Than Hope?





- Surgeons should question when to adopt the technology & what their responsibilities are to their patients
- 38.3% decrease in CAS usage for TKA from 2010 2014

The low percentage indicates that the majority of Orthopaedic Surgeons **avoid** using CAS techniques

# Robotics Improve Accuracy & Precision



Are conventional instruments still relevant or outdated in today's world??2



### **Potential Dangers** for Surgeons

No clinically significant differences in outcomes, quality of life, or complications

EXPERT REVIEW OF MEDICAL DEVICES 2024, VOL. 21, NOS. 1-2, 11-14 https://doi.org/10.1080/17434440.2023.2287576



SPECIAL REPORT

OPEN ACCESS Check for updates



Technology assistance in primary total knee replacement: hype or hope?

Bart G. Pijls @

Department of Orthopaedics, Leiden University Medical Center, Leiden, The Netherlands

**Robotics** is **OPTIMIZING** NOT Replacing Surgeons

As robotic TKR usage increases, there's a risk of orthopedic surgeons relying solely on robotics, potentially diminishing surgical skills for conventional TKR

#### Technology in TKA:

### **Risks of Reliance on Digital Technology**

**Downsides of Digital Instruments:** 

What happens when technology doesn't work?

What is your backup?

What happens if the tool misguides you?

Will you recognize the problem?







#### Evidence Based Literature



The Journal of Arthroplasty 38 (2023) S232-S237

EI SEVIER

Contents lists available at ScienceDirect

The Journal of Arthroplasty



journal homepage: www.arthroplastyjournal.org

Proceedings of The Knee Society 2022

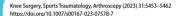
Image-Free Robotic-Assisted Total Knee Arthroplasty Results in Quicker Recovery but Equivalent One-Year Outcomes Compared to Conventional Total Knee Arthroplasty



Check for updates

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Robotic-arm assisted total knee arthroplasty is associated with comparable functional outcomes but improved forgotten joint scores compared with conventional manual total knee arthroplasty at five-year follow-up

Babar Kayani<sup>1</sup> · Andreas Fontalis<sup>1</sup> · Isabella Catrina Haddad<sup>1</sup> · Christian Donovan<sup>1</sup> · Vishal Rajput<sup>1,2</sup> · Fares Sami Haddad<sup>1,2</sup>

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Knee Surgery, Sports Traumatology, Arthroscopy (2023) 31:4680–4691 https://doi.org/10.1007/s00167-023-07458-0

#### KNEE

Robotic-assisted mechanically aligned total knee arthroplasty <u>does</u> not lead to better clinical and radiological outcomes when compared to conventional TKA: a systematic review and meta-analysis of randomized controlled trials

Alessandro Bensa<sup>1</sup> · Alessandro Sangiorgio<sup>1</sup> · Luca Deabate<sup>1</sup> · Andrea Illuminati<sup>2</sup> · Benedetta Pompa<sup>1</sup> · Giuseppe Filardo<sup>1,3</sup>

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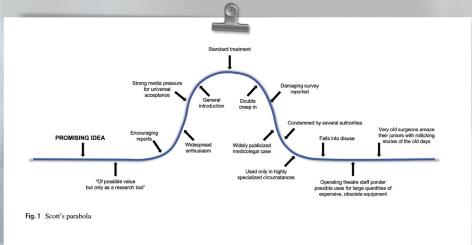




#### Sometimes Progress Leads Us Nowhere!!



This was largely the case with "minimally invasive surgery" and many "navigation" platforms



Krueger et al, J Arthroplasty, 2020 Abdel et al. J Arthroplasty. 2015

They seemed promising at the start, but when the literature did not show their superiority, their usage waned

#### Data Registry: American



**United States** 

790.000 TKA /year

Robotic Surgery in Total Joint Arthroplasty: A Survey of the AAHKS Membership to Understand the Utilization, Motivations, and Perceptions of Total Joint Surgeons

William F. Sherman, MD, MBA, Victor J. Wu, MD

Department of Orthopaedic Surgery, Tulane University School of Medicine, New Orleans, LA

ANNUAL REPORT 2023

J Arthroplasty, 2020

Robotic assistance has increased over 6-fold in the last 6 years, representing 13.4%

Study findings:
(735 of 2281 AAHKS members)

33.3% AAHKS members
use robot arm
assistance for TKA

#### Data Registry: European



#### A Multi-Source Data Collection of European Registries

Europe (+UK)

639.000 TKA /year

OECD Health Statistics 2023 NJR Annual Report 2023 - United Kingdom Dutch Arthroplasty Register (LROI) 2022 - the Netherlands



What are the perceived benefits and barriers to the use of robot-assisted total knee arthroplasty? A survey of members of the European Knee Society

Saffarini et al, Int Orthop, 2022

**Study findings:** 

(83 of 123 EKS members)

54% perform conventional TKA

27% perform RA-TKA

#### **Asia-Pacific Leads**

#### in Robotic TKA Advancements



#### **Holding Multiple Asia Pacific Presidencies Simultaneously**

APKS President 2019-2022

APAS President 2020-2022 ASIA President 2019-2022

#### Over 1.4 million cases per year

- AUSTRALIA 57,264 per year 30.6% robotic assistant
- NEW ZEALAND 9,833 per year 18.6% robotic use
- CHINA 700,000 cases per year 8% robotic use
- INDIA 325,000 cases per year 7.6% robotic
- JAPAN 120,000 es per year 5.46% robotic use
- KOREA 100,000 cases per year less than 5% robotic use

AOAJR - Chris Vertullo

Mark Clatsworthy, NZ - JR

Courtesy of Cao Li & Yixin Zhou

Courtesy of Ashok Rajgopal

Courtesy of Shuichi Matsuda - Yukihide Minoda

Courtesy of Kang-il Kim

#### What's Next in

#### **Knee Arthroplasty?**





Artificial Intelligence



Evolution of robotic procedures & implant designs



Smart implants



Outpatient surgery and centers of excellence



# Digital **Transformation**





(G)

We live in a dynamic digital era, with changes occurring every day



What about the changes in our professional environment?

#### CURRENT CONCEPTS

#### Digital Transformation: Do We Already Benefit from This in Orthopaedics?



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Digital technology has changed many aspects of our lives. We live in a dynamic digital era, with changes occurring every day. But what about the changes in our professional environment? Is the orthopaedic world changing at the same pace as other aspects of our lives? Traditionally, health care has been lacking when it comes to technological innovation. If we look around, we see a range of developments, from small technological innovations such as health care apps to major innovations such as robotic arm-assisted surgery. The big question is: are these developments innovations, or are they just hype? Many articles have been devoted to this topic of "hope or hype." With previous topics, such as minimally invasive hip and knee arthroplasty, metal-on-metal hips, and navigation still fresh in our memories, we might place current developments into the same category: hype. But maybe this is a reaction of our reptile brain? Is it fair to see the surgical robot as an expensive motorized sawing machine, or should we see it more as a data-driven dynamic solution with multiple aspects that are just underdeveloped?

Classical evidence-based medicine has toughened us to look back and build on the past. And to be honest, this model has brought us a lott Buil in 2015, after 250 years, the world of the robot and work with the general entered the fourth phase of the industrial revolution. In the furner for, we must not forget to look further ahead and see new yossibilities.

Perhaps this fast-changing world will also require us to develop new skills and methods. Evidence-based medicine should be upgraded to evidence-based medicine 2.0. in which we combine evidence and data. In this setting, causality has a new friend: associative data. Associative data are used in many other industries, so why not use them more frequently in health care? Instead of using only data from clinical trials, we have the possibility to use real-world data. We also have access to digital tools to collect patientgenerated data, providing the opportunity to shift toward personalized medicine. Personalized medicine can allow for higher precision in terms of diagnosis, therapy, and prognosis that can ideally be tailored to the individual patient [Nardini et al, 2021]. On our way to achieving personalized medicine, we can improve ourselves and health care by learning from new data sources that become available. In sports, for example, advanced analytics are commonly used to improve performance. Advanced analytics are used not only in hightech sports, such as Formula 1 racing, but also in sports such as cycling, golf, and many others that were formerly seen as analog. This brings us back to the questions: How is our orthopaedic world changing? Are we fit for the future? Can we serve our patients in a way that fits into the 2020s?

Let's look at some examples of innovative changes that could change our professional lives. Apps, for example, are relatively simple and cheap innovations with great potential for advanced analytics. The primary function of apps is to educate patients with timely medical information through smartphones or tablets. However, they can also improve patient knowledge, provide insights into medication or treatment adherence, satisfaction, and clinical outcomes; and positively affect health care economics [Timmers, and positively affect health care economics [Timmers, admits provide in the continuation of the continuation of

To continue our debate on digital transformation, we all recognize the importance of good surgical instruments in the setting of hip and knee arthroplasty. Therefore, it is a natural evolution that robotic arm-assisted surgery has transformed the instruments into smart instruments. But do we use the "smart" part of the system in a mature fashion? As with smartphones, it will take a few generations before we start to use the smart part of the device to a larger extent that will make it worthwhile. From this perspective, robotic arm-assisted surgery is more than an expensive motionogy can change a surgical field. We now need to start using the digital nature of the robot and work with the generated performance data to its full potential. Then we will see how these instruments'

40 ISAKOS NEWSLETTER 2022: VOLUME II

### Digital **Transformation**

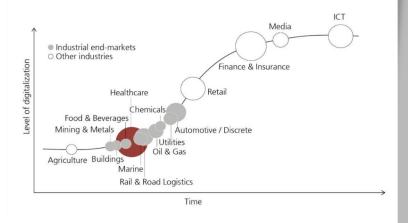




# Healthcare has always been lacking in technology uptake

### Healthcare is one of the least digitalized industries

Level of digitalization by industry



## Digital **Transformation**



#### Range of developments:

Small technological innovations

**Health care apps** 



- To educate patients with timely medical information through smartphones or tablets
- Improve patient knowledge

Major technological innovations



**Robotic arm assisted surgery** 

**SURGICAL ROBOT** 

**Expensive motorized sawing machine?** 

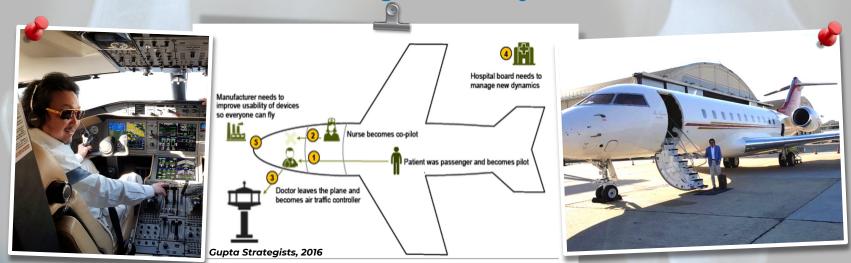
or

A data-driven dynamic solution with multiple aspects that are just underdeveloped?

# The New Role of the Surgeon



The roles of the stakeholders change drastically



It must be acknowledged that we are still in the era of needing humans to coexist with machine

Piuzzi et al. BJO, 2022

## Demand For **New Technology**



#### **PUBLIC PERCEPTION:**

by a low-volume surgeon
than
conventional by high-volume
surgeon

even if results were comparable

Contrary to popular belief,
the less or more
experienced surgeon do
not differ in their
willingness to adopt new
technology

Pagani et al, JOA, Feb 2021

Sherman et al, JOA, July 2020

#### Key Findings on RA-TKA



Patients more comfortable in the

first

24

hours

Achieving flexion to 90 degrees in the

first

48

hours

Improved sagittal alignment of femoral and tibial components



#### Technology in TKA:



### **Questions to Ask About New Technology**

- How much more precise and advantageous is the technology likely to be noticed by the patient?
- 2 Are there potential harm and added cost of the technology?
- 3 How complex is the new technology to use?
- 4 As you consider new technology, think about the ethics!

Daniel J. Berry



# From just doing laps, to go out and measure











### **Personalized Alignment**



in Robotic Assisted Total Knee Arthroplasty





#### **Conclusions**

Functional alignment TKA aims to restore pre-arthritic alignment and achieve balanced soft tissue tension by manipulating alignment based on surgeon's discretion intraoperatively using robotic technology

### My Experience with RA-TKA Pioneer of RA-TKA



Is Robotic really nothing but marketing?

YES

Long term functional outcome are similar

Long term survival rate has not been proven yet

NO

Quite satisfied with post-operative pain, faster recovery, and short-term functional outcome

In severe varus and valgus cases, robotic assistance helps surgeon determine the precise resection, ensuring optimal alignment



### Ultimately, collaboration is key to driving advancements in robotic TKA







#### Conclusions



- All technologies need long-term assessment and critical appraisal
- What we need is a simple robotic system that will improve patient's functional outcome, alignment and long term satisfaction at no additional cost
  - It's important to note that the integration of AI technologies into medical practice requires rigorous testing, validation, and adherence to regulatory standards
  - **Interpretation of literature is difficult** for a physician trying to decide if and when to implement new technology

